



HCHA 2008 Fall Warm-Ups

Goalies

Highland Central Hockey Association 2008 Fall warm-ups.

Warm-up Features:

- 2 hours on-ice sessions led by HCHA Goalie Development Director Jason Moen with a host of volunteer parent coaches.
- Crease techniques
- Blocking and movement drills.
- **Cost: \$ 30**

Schedule: All Sessions at Saint Paul Academy (SPA)

- | | | | | |
|--------------------------|---------|-----------|---------|---------------------|
| <input type="checkbox"/> | Group1, | SAT SEP20 | 12:15pm | Squirt, U10, U12 |
| <input type="checkbox"/> | | SAT SEP27 | 2:45pm | Squirt, U10, U12 |
| <input type="checkbox"/> | Group2, | SAT SEP20 | 1:15pm | Peewee, Bantam, U14 |
| <input type="checkbox"/> | | SAT SEP27 | 3:45pm | Peewee, Bantam, U14 |

By August 25th, 2008

(detach here)

Mail registration and Check to:

HCHA Fall Warm-ups
% Goalies
P.O. Box 16382
Saint Paul, MN 55116

Player Name: _____

Birth Date: MO _____ Day _____ Year _____

Address: _____

Amount: \$30

TEL: (eve) _____ (cell) _____

Check No. _____

email: _____

- | | | | | |
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